



Intimate Care Policy (Nappy changing)

No child is excluded from participating in our provision who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

What we aim to do

We aim to provide a hygienic and nurturing environment in respect to toilet training and nappy changing.

How we will achieve this

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

- All children are changed each session at a suitable time or immediately if soiled.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag on-site with their nappies and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. These are changed between each child. The mat is wiped between each use with an antibacterial wipe.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, practitioners ensure that nappy changing is relaxed and a time to promote independence in young children. Practitioners use this time to communicate with the child.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. Practitioners explain why it is important to wash their hands
- Anti-bacterial hand wash liquid or soap should be used for young children.
- Practitioners are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Practitioners do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies are disposed of hygienically. The nappy is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home. We perform the 'drop test' and if it fails they are thrown away.
- If young children are left in wet or soiled nappies in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

Date policy was written	March 2024
This policy is due for review before	March 2025